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Novant Health and CoreLife announce wellness and weight management partnership

CoreLife, the nation's leading healthcare company specializing in the treatment of obesity and illnesses related to obesity, and Novant Health, a four-state integrated network of physician clinics, outpatient facilities and hospitals, announced today that they will launch a comprehensive wellness and weight management program for communities throughout North Carolina.

"The wellness of our communities is our foremost priority," said Dr. Travis Howell, clinical physician executive with Novant Health Community Health & Wellness Institute. "Obesity is one of the greatest health challenges of our time, putting patients at risk for diabetes, heart disease and more than 10 types of cancer. Utilizing CoreLife's integrated model of care will provide specialized services for patients struggling to meet their wellness goals."

"This partnership with Novant Health and CoreLife allows us to expand our footprint and increases our collective ability to provide expertise and resources to patients in North Carolina." said CoreLife's President, Sean Kostkowski. "As one of the top hospital systems in the nation, Novant Health's partnership with CoreLife to help curb the obesity epidemic in North Carolina demonstrates their incredible dedication to delivering the highest level of patient care."

Novant Health and CoreLife will open the first clinic on July 20. Located at 500 Pineview Drive, Suite 205 in Kernersville, the clinic will be open Mondays and Wednesdays 7 a.m. to 5:30 p.m. and Tuesdays and Thursdays from 8:30 a.m. to 7 p.m. Additional locations in Clemmons, Greensboro, High Point and Winston-Salem will open in the coming months. Clinics in Charlotte and Raleigh will follow, with plans of further expansion to reach communities throughout the entire state.

For more information or to schedule an appointment, visit www.corelifemd.com, or email info@corelifemd.com.

About Novant Health

Novant Health is an integrated network of physician clinics, outpatient facilities and hospitals that delivers a seamless and convenient healthcare experience to communities in Virginia, North and South Carolina, and Georgia. The Novant Health network consists of more than 1,600 physicians and over 29,000 employees that provide care at nearly 700 locations, including 15 hospitals and hundreds of outpatient facilities and physician clinics. In 2020, Novant Health was the only healthcare system in North Carolina to be included on *Forbes'* Best Employers for Diversity list. *Diversity MBA Magazine* has also ranked Novant Health third on its 2019 list of "Best Places for Women & Diverse Managers to Work." Novant Health provided more than \$993.2 million in community benefit, including financial assistance and services, in 2019. For more information, please visit our website at NovantHealth.org. You can also follow us on [Twitter](#) and [Facebook](#).

About CoreLife

CoreLife's multidisciplinary care centers combine and coordinate the core disciplines necessary to treat obesity, its underlying conditions and lifestyle factors. Serving communities since 2012 and with clinics spanning North Carolina, Alabama, Maryland, Delaware, and Pennsylvania, thousands of patients have found success in attaining their health and wellness goals with CoreLife. With 80% of its patient base referred by the medical community, CoreLife works in support of referring primary care physicians, surgeons, and specialists to coordinate care and maximize patient

outcomes. Facilities feature a medical office staffed by licensed medical providers, registered dietitians, exercise physiologists, a private fitness studio furnished with a variety of equipment, and much more. You can follow us on [Facebook](#) and [Instagram](#).

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